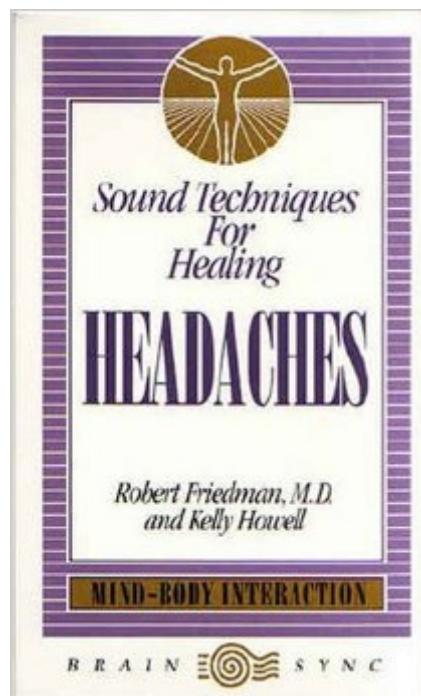


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Sound Techniques For Healing Headaches



Synopsis

You are guided to apply finger pressure to the medical acupuncture points that stop head pain. This gentle stimulation redirects and regulates your energy through blocked channels to restore a healthy blood flow to your brain, relax tension in your head, neck and shoulders, and dissolve the negative pressure build-up that causes headaches. Pure and precisely tuned sound frequencies combined with soothing music guide electrical energy into the relaxing patterns known to release a spontaneous stream of neurochemical messengers and hormones that dramatically relieve your head pain.

Book Information

Series: Sound Techniques for Healing

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